

17TH ANNUAL
PE&SCHOOL
CONFERENCE **SPORTS**
& EXHIBITION



oego.co/PE18

Expert speakers include:

Lorraine Cale

Professor of Physical Education and Sport Pedagogy,
Loughborough University

Jo Lentall

Teacher and Sports Leader, Brockwell Junior School

Andrew Mason

Head of P.E, Wrights Robinson College

Gary Palmer

Specialist Advisor – Children and Young People, London
Sport

KEY BENEFITS

PARTICIPATION

Increase participation
and create inclusive PE
lessons

PARENTS

Work with parents to create
a healthy and active lifestyle
outside of school

WHOLE-SCHOOL

Ensure PE is a whole-
school priority

New and innovative strategies to engage students and support a healthy and active lifestyle

Child and teenage obesity levels have risen ten-fold in the last four decades

BBC News, October 2017

Recent research has revealed the startling extent of the children and young people's obesity crisis across the globe. With 1 in 10 young people aged 5 to 19 obese in the UK, it's vital that physical education is a whole-school priority.

Our PE & School Sports conference and exhibition is your opportunity to gain expert guidance and innovative strategies to engage students, increase participation and ensure students at your school have a healthy and active lifestyle.

Why attend this event?

- Whole-School Priority: ensure all staff understand the importance of PE to promote and support a healthy and active lifestyle
- Participation: new ideas and strategies to increase participation and create inclusive PE lessons
- Targeted Workshops: attend primary and secondary specific workshops and tailor your day to suit your specific needs

Who should attend?

- Heads of PE
- PE Co-ordinators
- Directors of PE
- PE Teachers
- Sport Development Officers
- Sports Coaches
- SLTs

"A great day – very well organised and inspiring speakers with lots of knowledge and experience to share", *PE Lead, George Carey CoE Primary*

"Optimus is the only provider of CPD conferences that I will recommend to our staff", *Deputy Head, Kirkham Grammar School*

Optimus Education offers a wealth of expertise to support your whole-school improvement. From non-curricular awards, timely and informative conferences, packaged and bespoke consultancy, to in-house training and membership, Optimus is your one-stop-shop for your school or academy.

Head to oego.co/PE18 to find out more.

This year's speakers include...



Professor Lorraine Cale

Professor of Physical Education and Sport Pedagogy, Loughborough University

Lorraine Cale is an Associate Dean (Teaching) and Professor in Physical Education and Sport Pedagogy at Loughborough University. She works primarily in physical education and teacher education and her research centres on the promotion of physical activity and healthy lifestyles in schools.



Jo Lenthall

Teacher and Sports Leader, Brockwell Junior School

Jo Lenthall is a Teacher and Sports Leader at the 2017 YST Outstanding Primary of the Year, Brockwell Juniors School. She believes that every child has the capacity to participate and enjoy sport. Driven by the values of the spirit of the games, Jo promotes increased participation, improved skills, curriculum development and new innovative experiences.



Gary Palmer

Specialist Advisor – Children and Young People, London Sport

Gary Palmer is the Specialist Advisor for Children and Young People for London Sport. He has 30 years education and community sport experience in the sport and physical activity sector. He is the current Chair of both the CSPN National Children and Young People Board and London Children and Young People Strategy Advisory Board. He is a member of the Healthy Schools London Strategic Advisory Group and seven Strategic Community Sport and Physical Activity Networks across London.



Andrew Mason

Head of PE, Wrights Robinson College

Andrew Mason is Head of Faculty at Wright Robinson College, a large inner-city school in Manchester. The school was presented with the Youth Sport Trust Outstanding Secondary PE School 2016-17 Award for work on raising academic success through PE and School Sport.



Chris Price

KS1 and PE co-ordinator, Scotholme Primary School

Chris Price is the PE Co-ordinator at Scotholme Primary in Nottingham. Since taking over PE at the school in 2011, he has transformed the school into one of the leading primary schools for sport in Nottingham as a Gold Award School. He is passionate about creating a sporting ethos within schools and providing the best experiences for the children.



Sean Perrotton

Head of Sixth Form, Chase High School

Sean is Head of Sixth Form at Chase High School. He has also been fortunate enough to work for Manchester United, focusing on their youth education both in the UK and internationally, building on the stretch and challenge for gifted football players and developing coach education. His core belief is that by teaching to the top and supporting the bottom we can ensure all pupils make good progress.

09:00 – 09:45 Registration and refreshments

09:45 – 10:00 Chair's Introduction & Welcome

10:00 – 10:30 **Whole-School Priority**
PE as a whole-school priority in supporting a healthy and active lifestyle
 Ensure all staff understand the importance and wider benefits of PE and work together with your SLT to maximise time
Plus, take away our guide on putting PE at the heart of the curriculum
Lorraine Cale, Professor of Physical Education and Sport Pedagogy, Loughborough University

10:30 – 11:10 **Participation**
New, proven and adaptable games and activities to capture the interest of all students, increase participation and create inclusive PE lessons

11:10 – 11:20 Q&A

11:20 – 11:50 Morning refreshments

11:50 – 12:40 Streamed Sessions 1

Primary Stream
1A: Development - Primary
Know how to rapidly develop pupils' physical literacy to combat the lower level of skills with which they are entering the school
Jo Lentall, Teacher and Sports Leader, Brockwell Junior School (2017 Youth Sport Trust Outstanding Primary School Award)

Secondary Stream
1B: Extra Curricular - Secondary
Know how to lead exciting and inclusive extra curricula activities with limited funding whilst managing increasing workloads
Sean Perrotton, Head of Sixth Form, Chase High School

Primary & Secondary Stream
1C: Facilities
Gain practical and adaptable strategies for leading engaging PE lessons and activities with limited facilities and space

12:40 – 13:40 Lunch

13:40 – 14:10 **Parents & Families**
Work effectively with all parents and the community to create a healthy lifestyle
Know how to engage parents and highlight the importance of physical activity to ensure students are healthy and active outside of school
Gain access to our plan for getting students physically active outside of school
Gary Palmer, Specialist Advisor – Children and Young People, London Sport

14:10 – 14:20 Q&A

14:20 – 15:10 Streamed Sessions 2

2A: Staff Training - Primary
Gain proven training techniques to increase staff confidence in delivering PE and motivate staff to lead engaging lessons
Chris Price, KS1 and PE Co-ordinator, Scotholme Primary School

2B: Motivation - Secondary
New, proven strategies to motivate students and increase engagement in secondary school PE, sports and activities

2C: Competitions
New ideas and ways to organise inner-school competitions and work with local schools to deliver competitions which are inclusive to students at all levels
Andrew Mason, Head of PE & Amy Lerner, PE Teacher, Wrights Robinson College (2017 Youth Sport Trust Outstanding Secondary School Award)

15:10 – 15:30 Afternoon refreshments

15:30 – 16:20 Streamed Sessions 3

3A: Assessment - Primary
How to create a structured method of assessment and track pupil progress and activity across the school
Andrew Frapwell, National Subject Lead for Assessment, Association for Physical Education (afPE)

3B: GCSE - Secondary
Practical strategies to manage the increasing theory areas of GCSE PE and deliver the theory in an engaging way
Kirk Bizley, Course Leader Secondary PGCE PE, Bath Spa University

3C: Girls
Gain techniques to engage girls in PE and encourage them to participate in sports and extra curricular activities
Plus, take away our strategies for getting girls active
Gary Palmer, Specialist Advisor – Children and Young People, London Sport

16:20 Conference close

Easy Ways to Register

1. Book online and receive instant confirmation
oego.co/PE18
2. Email: conference.bookings@optimus-education.com
3. Questions: call us on 0845 450 6404

Please see

oego.co/TandCs for our subscriptions, cancellations and refund policy

Pricing

Prices	Book before 28/02/2018	Book after 28/02/2018
Primary/Special	£165+ VAT	£195 + VAT
Secondary	£195 + VAT	£225 + VAT
Other	£269 + VAT	£299 + VAT
Additional Delegates*	£95+ VAT	
Premium Plus*	You could attend this event as part of your Premium Plus package. For further information please contact your Account Manager.	

If you do not fit into one of the above categories, please contact us on 0845 450 6404 or email oe.conferences@optimus-education.com

Booking reference

3 steps to engaging PE & School Sports

1

Before
the day

Login to your account at oego.co/PEResources and read our guide on putting PE at the heart of curriculum *

PLUS

- Use the self-assessment survey to reflect on your current situation
- Gain access to our resource on the role of TAs in supporting inclusive PE and sport

2

During
the day

Have your burning questions answered by our experts and outstanding practitioners

PLUS

- Discuss challenges with peers and build up a network of support
- Select targeted workshops to suit your specific need

3

After
the day

Log in at oego.co/PEResources to download the speaker presentations and share these with colleagues

PLUS

- Gain access to our resource on strategies for getting girls active
- Use the self-assessment survey to see what you've learned

Start accessing these resources today by creating a free delegate account on oego.co/Delegate

*Don't have an account? Create one at oego.co/Delegate